

BLESSING PRAYER

A Path to Blessing Others

DISCIPLE
MAKERS

SEVEN HIGHLIGHTS

1. 🙏 Blessing prayer is a form of intercession where you pray for someone as if their prayer has already come true, declaring God's promises on them.
2. 📖 Key biblical examples of blessing include God's covenant with Abraham and how priests were authorized to bless others.
3. 🙌 Blessings have both a spiritual and practical impact, with an urgency to bless cities and people, as seen in Proverbs 11:11.
4. 💪 Righteous and fervent prayers are powerful and effective, as demonstrated by Elijah's prayers.
5. ☀️ Practical ways to bless others include praying for their well-being in various areas of life, fostering spiritual conversations, and integrating prayer into daily life.
6. 🙌 It's essential to listen to the Holy Spirit's guidance in blessing others and not force evangelism or counseling during prayer.
7. - 🕊 By maintaining a prayerful life and focusing on drawing close to God, opportunities to bless and share the gospel with others naturally arise.

AT A GLANCE

blessing prayer is a form of intercession where prayers are spoken as if they've already come true, declaring God's promises on individuals. This practice can integrate prayer into daily life blessing your community and being attentive to the Holy Spirit.

VIDEO



BLESSING PRAYER

Bless 5 Prayer Practice

"A city is built up by the blessing of the upright, but it is torn down by the mouth of the wicked" Proverbs 11:11

After waiting on God in prayer and fasting, and listening to your particular context, choose 5 people from your relational network to bless:

1. _____
2. _____
3. _____
4. _____
5. _____

We can only bless someone to the extent that we know their life. Seeking to bless someone in these areas can generate follow up questions for you to get to know them and continue to follow up in blessing prayer. Blessings can be directly spoken over others while you are with them, or indirectly spoken over them while praying for them when you are apart.

Questions to consider when choosing your 5:

Who is my immediate neighbor, co-worker, best friend? Who is it easy to have conversations with? Who is the most unlikely to become a Christ follower? Who would take the tiniest nudge to enter the Kingdom? Who naturally connects with others (a possible person of peace)?

Use the **BLESS acrostic** for deeper focus on those God has placed on your heart, praying over their body, labor, emotions, social life, and spiritual life.

Body: Health, protection, strength

Labor: Work, reward, security, provision

Emotion: Joy, peace, hope

Social: Love, marriage/dating relationship, family, friends

Spiritual: Salvation, revelation, faith, grace

"Be joyful in hope, patient in affliction, faithful in prayer. Share with the Lord's people who are in need. Practice hospitality. Bless those who persecute you; bless and do not curse." - Romans 12:12-14

BLESSING PRAYER

Blessing Prayer Walk

"The LORD bless you and keep you; the LORD make his face shine upon you and be gracious to you; the LORD turn his face toward you and give you peace." - Numbers 6:24-26

Prayer walking, in essence, is a missional journey with a threefold focus that can deeply impact communities. Firstly, it's about intercession, a connection that involves seeking God's guidance on how to participate in His ongoing work within our context. It's an invitation to join God in His transformative Kingdom endeavors. Secondly, it encompasses spiritual warfare and blessing. This facet of prayer walking is a courageous and assertive approach, aiming to reclaim spaces spiritually and bestow divine blessings upon the individuals who inhabit them. Lastly, prayer walking is an opportunity to identify the "Person of Peace," an individual divinely prepared to receive the Gospel and serve as a bridge to others within that community. In essence, prayer walking empowers us to engage meaningfully with our surroundings and create positive, lasting impacts by blessing our community in word and deed.

Prayer walking is more than just a stroll through your neighborhood. As believers, we operate from a position of authority granted to us by our heavenly Father when we obediently engage in making disciples [Matthew 28:18-20]. Prayer walking is an exercise in this spiritual authority, where we confidently approach God, knowing that we are His ambassadors on Earth. You have been authorized to declare His gospel and the blessings of His Kingdom reign.

Seek Protection: Commence your prayer walk by covering yourself in prayer, seeking God's protection and guidance. Take authority over the land you walk on by declaring your responsibility in Christ. Remember, you're not just a bystander; you are an instrument of God's will in that space. During your prayer walk, inquire of the Lord if there are areas where you need to "bind the enemy" [Mark 3:27] or request the removal of evil influences. This step is crucial for spiritual warfare.

Listen: In your disciple making, seek divine guidance from the Lord. Listen and ask Him what He is doing in that specific place and what prayers or actions He desires from you. Be ready to obey any instructions or strategies He provides.

Declare Blessings: Speak out the Lord's truths and blessings over the space you are praying for. Let your words carry God's will of transformation and restoration. In Numbers 6:27, we speak God's name on the people we bless. We're standing in God's presence as one of His chosen children and priests, welcoming His peace and the power of His name into people's lives.

BLESSING PRAYER

Blessing Prayer Walk [Continued]

Incorporate these steps into your prayer walking experience, recognizing that prayer is not merely an end in itself but a powerful means to impact your community and make disciples. Through prayer walking, you become an instrument of God's transformative grace in blessing world around you.

One might pray, "Today, by the authority that God has given me as a son/daughter of King Jesus, I bless (name) with trust in God's timing." This prayer aligns with God's will and trusts the recipient to do the same. Additionally, blessing could be extended as follows: "By the working of the spirit, I bless (name) with a deep sense of peace that transcends understanding". Health and vitality are also subjects of blessing, as in the prayer, "I bless (name) with healing," invoking well-being and vitality. Blessing can be extended to relationships, seeking harmony and reconciliation, such as, "I bless (name) with restored relationships, like you want us to have Jesus." These blessing prayers are a conduit for encouraging others to remember God's authority, power, and kindness working in their life. These prayers can be for other disciples or potential Christians as you engage in outreach.

These questions will give the opportunity for deeper interactions and follow up. If they're a new acquaintance remember to grab their number so that you can continue to pray for them until God has answered. Be ready to extend invitations to discover God's message in the Bible to those who show spiritual interest. Invitations to initiate Discovery Bible Studies should naturally arise from relationships and spiritual conversations.

Engage with People

Lift up prayers that the Holy Spirit would reveal Persons of Peace in the community—individuals who display spiritual interest and can act as relational connectors to others. These are the bridges to deeper connections. Be prepared to interact with people you encounter during your prayer walk, as these encounters may be divine appointments. If appropriate, explain your purpose and offer to pray for any concerns they may have. It's an opportunity to share God's Word, love, and blessing. simply offer:

"I am trying to find ways to bless this community, is there any way I can encourage or pray for you?"

Alternatively you could offer:

"If God could do one miracle in your life, what would it be? My God is a powerful God and he answers prayers. Can I pray for you?"

The prayerful practice of blessing others always engages God's spiritual power to benefit them.